

EVERYDAY HEALTH SURVEY Results

Cancer Council Queensland's and Heart Foundation's Everyday Health Survey explored support for proposed regulations to reduce sugar-sweetened beverage consumption.

These Queensland-first findings emphasise the community support for regulations to reduce the consumption of sugary drinks.

Proposed regulation	Suppor
Health levy to increase the price of sugar-sweetened beverages by 20%	63%
Government funded consumer education campaign	77%
Restrictions to reduce children's exposure to marketing of sugar-sweetened beverages:	
– On television at times when children are watching	85%
– Via online games and apps aimed at children	85%
– At places children frequent e.g. playgrounds, sports fields, cinemas	83%
– At schools	87%
– At government owned health care facilities e.g. hospitals	85%
– At bus and train stations	80%
Gradually removing sugar-sweetened beverages from children's settings	87%
Gradually removing sugar-sweetened beverages in government-owned health facilities	81%
Mandatory labelling of added sugar on packaged food and drinks	93%



Oueenslanders completed the survey.

of respondents had consumed a sugar-sweetened beverage in the three months prior to the survey.

of respondents would like to see money from a 20% health levy spent on reducing the cost of healthy food. purchased sugar-sweetened beverages were supermarkets (26%), restaurants (19%), and fast food outlets (18%).

> of respondents were actively consumption.

The most commonly reported reasons for consuming sugar-sweetened beverages was for taste, as a treat, and to mix with alcohol.

Cancer Council Queensland and Heart Foundation will continue to engage with the community and government to help reduce the impact of sugar-sweetened beverages on health.



Every minute, every hour, every day.