

**A free support and information session for people diagnosed with breast cancer, their friends and families.**

# **Living with advanced breast cancer**

**This free program will provide people with information on current treatment options for advanced breast cancer. Participants will learn about current research and the benefits of exercise for maintaining health and wellbeing as well as practical strategies for coping with the psychosocial impact of living with breast cancer.**

**Topics will include:**

- Understanding current treatments for advanced breast cancer
- Discovering the benefits of exercise for health and wellbeing
- Developing strategies for managing the social and emotional impact of living with breast cancer
- Cancer Council Queensland support services

**Speakers:**

- Dr Sanmugarajah, Medical Oncologist, Gold Coast University Hospital
- Grant Taylor, Accredited Exercise Physiologist, Gold Coast University Hospital
- Sylvia Burns, Specialist Nurse Counsellor, Cancer Council Queensland
- Judy Graham, Coordinator Cancer Support, Cancer Council Queensland

**When:** Wednesday 24<sup>th</sup> October, 2018

**Time:** 10:00 am – 1:00 pm

**Where:** Cancer Council Queensland,  
1 Short Street,  
Southport, 4215

**Getting Here:**

Metered parking in Carey Carpark – Marine Pde and Short Street.

3 hr free parking in Australia Fair if you combine your visit with shopping.

Closest bus stop: Scarborough Street (near White St)

Closest tram stop: Southport South

RSVP by Monday 22<sup>nd</sup> October via our website

<https://tinyurl.com/ccqsupport>

For further information please call 13 11 20

email [communitysupportservices@cancerqld.org.au](mailto:communitysupportservices@cancerqld.org.au)

Light refreshments provided. Please indicate if you have any dietary requirements.

**Bookings are essential!**