

CORRECT SUNSCREEN APPLICATION



Apply sunscreen at least
20 minutes
before sun exposure



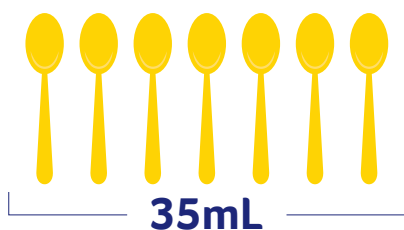
=5 mL

One teaspoon is equal
to 5mL of sunscreen

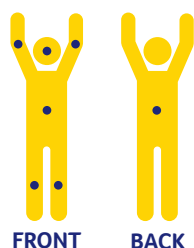


You need at least
7 teaspoons
for a full body application.
One for each arm, each leg,
your front, your back,
face, neck and ears.

This means a full body application*
is 35mL of sunscreen



=



*35mL equals
one full body:

- Front of body
- Back of body
- Face, neck and ears
- Arms and legs

For a Cancer Council
110mL tube, this
is approx. 3 full
body applications.



Reapply sunscreen after
2 hours, or sooner
if you've been swimming,
sweating or towel drying.

Do a test
if it's a first time use,
or if you're applying to
sensitive skin. If irritation
occurs, discontinue use.